

# SAFE FOOD TEMPERATURES

## TEMPERATURAS SEGURAS PARA COMIDAS

### COOKING COCINANDO



stuffed pork (cerdo relleno)



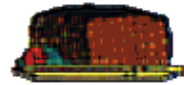
poultry (pollo)

15 seconds  
15 segundos

**165°F**



hamburger (hamburguesa)



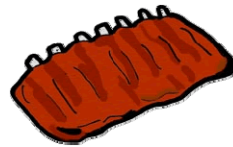
meatloaf (carne molida)

15 seconds  
15 segundos

**155°F**



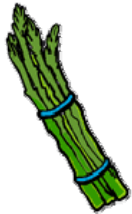
unstuffed pork (cerdo sin relleno)



pork ribs (costillas)

15 seconds  
15 segundos

**145°F**



cooked vegetables (verduras cocinadas)

when hot holding  
cuando esté caliente

**135°F**

### COOLING ENFRIANDO

**DANGER ZONE**  
Bacteria Reproduces  
Rapidly!!

*La Bacteria se Reproduce Rápidamente*

Cool rapidly to 41°F or below

*Enfríelo rápidamente a 41°F o menos*

**41°F**

or below  
o menos