


What's Happening in the ADDLife Center at the ADRC — February 2012

Saturday/Sunday	Monday	Tuesday
<p>Saturday, February 4 9:30 a.m. Accordion Club</p>	<p>February 2 <i>"Away in a meadow all covered with snow The little old groundhog looks for his shadow The clouds in the sky determine our fate If winter will leave us all early or late." —Don Halley</i></p>	<p>February 14 </p>
<p>*Denotes NWTC Class. For information and registration, call Suzanne Ritter (920) 491-3793.</p>	6	7
<p>Senior Social & Recreational activities are also available at:</p> <p>Pulaski Senior Center 430 S St Augustine 920)822-8100</p> <p>Denmark Senior Center 141 Highridge (920)863-8097</p> <p>DePere Community Center 600 Grant (920)336-6054</p> <p>Village of Suamico 2999 Lakeview Dr (920) 434-8410</p> <p>Allouez Senior Site 2143 S. Webster Ave (920)432-2479</p> <p>Wayside Group Parkview Estates (920)864-2454</p> <p>Village of Howard 2456 Glendale Ave. (920)434-4640</p> <p>Oneida Senior Center 134 Riverdale Drive (920)869-2448</p> <p>Village of Bellevue 2828 Allouez Avenue (920)468-5225</p> <p>Village of Ashwaubenon 2155 Holmgren Way (920) 492-2331</p> <p>Call for more information.</p>	<p>8:10 Sit & Be Fit 9:10 Lively Low 9:30 *Watercolor 10:00 Adaptive Aids for Hearing 12:00 *Crochet 12:30 Bingo; *Watercolor 2:30 *Spanish, Workplace 1</p>	<p>8:10 Yoga 1; 9:00 Woodcarvers, *Oil Paint 9:10 Yoga 2 12:30 Bridge, Sheepshead, *Oil Paint, Tax Preparation 1:00 Parkinson Support Group 3:00 Beat the Pack 4:00 Mayor's Committee 7:00 VASA</p>
	13	14
	<p>8:10 Sit & Be Fit 9:10 Lively Low 9:30 *Watercolor 12:00 *Crochet 12:30 Bingo; *Watercolor 2:30 *Spanish, Workplace 1 6:30 NAMI 7:00 Bay Shore Bicycle Club</p>	<p>VALENTINE'S DAY 8:10 Yoga 1, Glucose testing (requires 12 hour fast) 9:00 Woodcarvers, *Oil Paint 9:10 Yoga 2 12:30 Bridge, Sheepshead, *Oil Paint, Tax Preparation 1:00 Parkinson Support Group 3:00 Beat the Pack 7:00 Model Airplane, Arts Unlimited</p>
	20	21
<p>8:10 Sit & Be Fit 9:10 Lively Low 9:30 *Watercolor 12:00 *Crochet 12:30 Bingo, *Watercolor 2:30 *Spanish-Workplace 1</p>	<p>8:10 Yoga 1 9:00 Woodcarvers, *Oil Paint 9:10 Yoga 2 12:30 Bridge, Sheepshead, *Oil Paint, Tax Preparation 6:30 Alzheimer's Support Group 7:00 National Mutual Benefit, Camera Club</p>	
27	28	
<p>8:10 Sit & Be Fit 9:10 Lively Low 9:30 *Watercolor 12:00 *Crochet 12:30 Bingo, *Watercolor 2:30 *Spanish-Workplace 1</p>	<p>8:10 Yoga 1 9:00 Woodcarvers, *Oil Paint 9:10 Yoga 2 12:30 Bridge, Sheepshead, *Oil Paint Tax Preparation 7:00 Model Airplane</p>	

**Aging & Disability Resource Center—Add LIFE Center
300 S. Adams Street Green Bay, WI 448-4300**

Wednesday		Thursday		Friday	
<p>8:10 Sit & Be Fit 9:00 GB Community Service Club 9:10 Lively Low 9:30 Stepping On 10:00 Skylite Players 12:30 Bridge, Duplicate & For Fun, *Pastels 1:00 *Bedcovers/quilting 3:30 French Class 5:30 Caregivers Support 6:00 Circles of Support, Italian Class 7:00 Packerland Peggors</p>	1	<p>GROUNDHOG DAY 8:10 Yoga 1 9:00 *Oil Paint 9:10 Yoga 2 10:00 Wii, Skylite Players 12:30 Bridge, Purl Fischers, *Watercolor Skylite Players Performance 1:00 Far Write 6:30 Midlife & Older Women's Support Group</p>	2	<p>9:00 *Sewing/Serger 9:15 Blood Pressure Screening 10:00 Veterans 12:30 Euchre, *Sewing/Serger, Bingo</p>	3
<p>8:10 Sit & Be Fit 9:00 GB Community Service Club; 9:10 Lively Low 9:30 Stepping On 12:30 Bridge, Duplicate & For Fun ; *Pastels 1:00 *Bedcovers/quilting 3:30 French Class 6:00 Letter Carriers; Circles of Support Italian Class 7:00 Packerland Peggors; Bonsai</p>	8	<p>8:10 Yoga 1, Footcare Clinic 9:00 *Oil Paint; Eat Smart, Live Strong 9:10 Yoga 2 10:00 Wii 12:30 Bridge, Purl Fischers, Vision Support; *Watercolor 1:00 Far Write 6:30 Midlife & Older Women's Support Group</p>	9	<p>8:10 Exercise for Mature Adults 8:30 Legal Counseling (call 448-4300) 9:00 *Sewing/Serger 9:10 Lively Low 12:30 Bingo, Euchre, *Sewing/Serger 1:30 Legal Counseling (call 448-4300)</p>	10
<p>8:10 Sit & Be Fit 9:00 GB Community Service Club, Blood Pressure Screening 9:10 Lively Low 9:30 Stepping On 12:00 Stepping On Peer Leader Training 12:30 Bridge, Duplicate & For Fun, *Pastels 3:30 French Class 6:00 Circles of Support, Italian Class 7:00 Packerland Peggors</p>	15	<p>8:10 Yoga 1 9:00 *Oil Paint; Eat Smart, Live Strong 9:10 Yoga 2 10:00 Wii 12:30 Bridge, Purl Fischers, *Watercolor 1:00 Far Write 6:30 Midlife & Older Women's Support Group 7:30 Stamp Club</p>	16	<p>8:10 Exercise for Mature Adults 9:00 *Sewing/Serger 9:10 Lively Low 12:30 Bingo, Euchre, *Sewing/Serger</p>	17
<p>8:10 Sit & Be Fit 9:00 GB Community Service Club 9:10 Lively Low 9:30 Stepping On 12:30 Bridge, Duplicate & For Fun, *Pastels 1:00 *Bedcovers/quilting 3:30 French Class 6:00 Circles of Support, Italian Classes 7:00 Packerland Peggors</p>	22	<p>8:10 Yoga 1 8:30 ADRC Board of Directors 9:00 *Oil Paint; Eat Smart, Live Strong 9:10 Yoga 2 10:00 Wii 12:30 Bridge, Purl Fischers, *Watercolor 1:00 Far Write 6:30 Midlife & Older Women's Support Group</p>	23	<p>8:10 Exercise for Mature Adults 9:00 *Sewing/Serger, Insurance Counseling (448-4314) 9:10 Lively Low 12:30 Bingo, Euchre, *Sewing/Serger</p>	24
<p align="center">LEAP DAY</p> <p>8:10 Sit & Be Fit 9:00 GB Community Service Club 9:10 Lively Low 9:30 Stepping On</p>	29	<p align="center">LEAP DAY CONTINUED</p> <p>12:30 Bridge, Duplicate & For Fun, *Pastels 1:00 *Bedcovers/quilting 3:30 French Class 6:00 Circles of Support, Italian Classes 7:00 Packerland Peggors</p>	29		